



ISPAE 2023

BENGALURU

8th Biennial Meeting of

Indian Society for Pediatric and Adolescent Endocrinology (ISPAE)

17th - 19th November, 2023

Day 1 - 17th November, 2023 - Friday

TIME	TOPIC	SPEAKER
08:00 am to 09:00 am	Poster Presentation	
09:00 am to 11:30 am	Workshop Insulin Pump Bone health assessment Growth assessment	Dr. Ganesh Jevalikar, Dr. Ahila Ayyavoo, Dr. Rakesh Kumar, Dr. Saurabh Uppal, Dr. Meena Mohan Dr. Raja Padidela, Dr. Anuradha Khadilkar, Dr. Chirantap Oza Dr. Vaman Khadilkar, Dr. Hemchand Prasad, Dr. Shruti Mondkar
11:30 am to 11:45 am	HIGH TEA	
12:00 pm to 01:00 pm	Albright's Session (25 min + 5 min Q&A) Chairpersons: Dr. Anuradha Khadilkar, Dr. Somashekar Reddy	
12:00 pm to 12:30 pm	Bone health in pediatric neurological disorders - an overview	Dr. Raja Padidela
12:30 pm to 01:00 pm	Therapeutics of pediatric osteoporosis	Dr. Sanjay Bhadada
01:00 pm to 01:45 pm	LUNCH	
01:45 pm to 02:45 pm	Tanner's Session (25 min + 5 min Q&A) Chairpersons: Dr. Kavitha Bhat, Dr. Sheeja Madhavan	
01:45 pm to 02:15 pm	Challenges in the management of GnRH-independent precocious puberty	Dr. Vandana Jain
02:15 pm to 02:45 pm	Recent advances in the management of delayed puberty	Dr. Vijaya Sarathi
02:45 pm to 03:45 pm	Year in Review (10 mins each) Chairpersons: Dr. Rakesh Kumar, Dr. PSN Menon Growth Adrenal Thyroid Puberty Bone Diabetes	Dr. Parvathy L Dr. Sirisha Kusuma Dr. Shobi V Anandi Dr. Preeti Singh Dr. Aashima Dabas Dr. Saurabh Uppal

Day 1 - 17th November, 2023 - Friday

TIME	TOPIC	SPEAKER
03:45 pm to 04:45 pm	Evan and Li's Session (25 min + 5 min Q&A) Chairpersons: Dr. Vaman Khadilkar, Dr. Vinu Narayan	
03:45 pm to 04:15 pm	Genetics of idiopathic short stature	Dr. Stefano Cianfarani
04:15 pm to 04:45 pm	Review of efficacy and safety of once-weekly Somatrogen	Dr. Shaila Bhattacharyya
04.45 pm to 05.00 pm	HIGH TEA	
03:45 pm to 04:45 pm	Banting's Session (25 min + 5 min Q&A) Chairpersons: Dr. Rajesh Joshi, Dr. Fauzia Mohsin, Dr. Ganesh Jevalikar	
03:45 pm to 04:15 pm	Management of pediatric dyslipidemia	Dr. Shylaja Srinivasan
04:15 pm to 04:45 pm	Prevention and cure of type 1 diabetes - what's new?	Dr. Maria Craig
06:00 pm to 07:00 pm	INAUGURATION	
07:00 pm onwards	CULTURAL PROGRAMME FOLLOWED BY DINNER	

Day 2, 18th November 2023, Saturday

08:00 am to 09:00 am	Poster Presentation PG Quiz Prelims	
09:00 am to 10:00 am	Rathke's Session (25 min + 5 min Q&A) Chairpersons: Dr. Santhosh S Olety, Dr. Ullas V A	
09:00 am to 09:30 am	Craniopharyngioma- overall impact and management (Recurrence, GH therapy)	Dr. Paul Hofman
09:30 am to 10:00 am	Imaging of pituitary gland - from an endocrinologist perspective	Dr. Stefano Cianfarani
10:00 am to 11:00 am	OUT STANDING INVESTIGATOR AWARD	Dr. Paul Hofman Dr. Sudha Rao
11:00 am to 11:15 am	HIGH TEA	
11:15 am to 12:55 pm	HOW DO I? (20 min + 5 min Q&A) Chairpersons: Dr. Belinda George, Dr. Ruchi Shah, Dr. Zalak Shah	
11:15 am to 11:40 am	Management perspectives of thyroid nodule	Dr. Shriram Mahadevan
11:40 am to 12:05 pm	Low renin hypertension in children	Dr. Anurag Lila
12:05 pm to 12:30 pm	Optimization of congenital adrenal hyperplasia management - Novel approaches	Dr. Kenichi Kashimada
12:30 pm to 12.55 pm	Lessons learnt from rare disorders of sex development	Dr. Olaf Hiort
12.55 pm to 01:40 pm	LUNCH	

Day 2, 18th November 2023, Saturday

TIME	TOPIC	SPEAKER
01:40 pm to 03:40 pm	Mixed Bag (25 min + 5 min Q & A) Chairpersons: Dr. Riaz I, Dr. Ankita Maheshwari	
01:40 pm to 02:10 pm	Monogenic diabetes- pointers, assessment and management	Dr. Kim Donaghue
02:10 pm to 02:40 pm	Common pitfalls in endocrine diagnostic tests	Dr. Kenichi Kashimada
02:40 pm to 03:10 pm	Endocrine consequences of anorexia nervosa	Dr. Paul Hofman
03:10 pm to 03:40 pm	Optimal management of pediatric Graves' disease	Dr. Arpandev Bhattacharyya
03:40 pm to 04:10 pm	Plenary Session (25 min + 5 min Q&A) Chairperson: Dr. Rajesh Khadgawat Long-acting growth hormone: where are we now?	Dr. Michel Polak
04:10 pm to 04:30 pm	HIGH TEA	
04:30 pm to 05:15 pm	Arnold Kadish's session Chairpersons: Dr. Sheryl Salis, Dr. Atul Gupta	
04:30 pm to 05:00 pm	Technologies in type 1 diabetes care - Present and future	Dr. Kim Donaghue
05:00 pm to 05:15 pm	Glycemic outcomes of automated insulin delivery : Indian experience	Dr. Abhishek Kulkarni
05:15 pm to 06:15 pm	ISPAE GBM	
6:15 pm to 7:00 pm	Folk dance	
07:00 pm Onwards	BANQUET	

Day 3, 19th November 2023, Sunday

TIME	TOPIC	SPEAKER
08:00 am to 09:00 am	Oral Presentation (6+2 min each, 6 presentations)	
09:00 am to 10:00 am	Neonatal Endocrinology (13 mins + 2 mins Q & A) Chairpersons: Dr. Karthik Nagesh, Dr. S.M. Prasad Hypoglycemia Hyperglycemia Hyponatremia Hypocalcemia	Dr. Subrata Dey Dr. Vijayakumar M Dr. Rajni Sharma Dr. Tushar Godbole
10:00 am to 11:00 am	Lecture (25 min + 5 min Q&A) Chairpersons: Dr. Mahesh Maheshwari, Dr. Deepa Anirudhan	
10:00 am to 10:30 am	Newborn screening for congenital hypothyroidism and CAH - in Indian context	Dr. Anna Simon
10:30 am to 11:00 am	Rickets in current Indian context - Approach and management	Dr. Sudha Rao

Day 3, 19th November 2023, Sunday

TIME	TOPIC	SPEAKER	
11:00 am to 11:20 am	HIGH TEA		
11:20 am to 01:00 pm	Mixed Bag (20 min + 5 min Q&A) Chairpersons: Dr. Vasudev Dhananjay, Dr. Amarnath Kulkarni, Dr. Vani. H.N	Dr. Anurag Bajpai	
11:20 am to 11:45 am			Novel therapeutic options in childhood obesity
11:45 am to 12:10 pm			Precocious puberty (breast development in a 7-year-old girl)
12:10 pm to 12:35 pm	Gender incongruence in adolescents	Dr. Riaz I Dr. Pramila Kalra	
12:35 pm to 01:00 pm	Diagnosis and management primary adrenal insufficiency	Dr. Rajesh Khadgawat	
01:00 pm to 01:40 pm	LUNCH		
01:40 pm to 02:25 pm	Growth symposium (45 min) Chairpersons: Dr. Ram Murty Shastry, Dr. Rahul Jahagirdar, Dr. Pavithra Nagaraj	Dr. Anju Virmani Dr. PSN Menon Dr. Vaman Khadilkar	
01:40 pm to 01:55 pm			My child is short: clinical approach
01:55 pm to 02:10 pm			Diagnosis of short stature
02:10 pm to 02:25 pm			Therapeutic options in short stature
02:25 pm to 03:00 pm	Interesting case scenarios and approach Chairperson: Dr. Ahila Ayyavoo	Dr. Akanksha Parikh Dr. Diksha Shirodkar	
03:00 pm to 03:45 pm	Panel discussion on adolescent menstrual disorders Moderator: Dr. Chitra Selvan Panelists: Dr. Anju Seth, Dr. Geeta Patil, Dr. Subramanian Kannan		
03:45 pm to 04:15 pm	VALEDICTION		
04:15 pm to 05:00 pm	PG Quiz - Finals Dr. Dhivyalakshmi J, Dr. Ayush Gupta		

