



ISPAE 2023

BENGALURU

8th Biennial Meeting of
**Indian Society for Pediatric and
Adolescent Endocrinology (ISPAE)**

17th - 19th November, 2023

Venue: **Hilton Convention Centre,**
Embassy Manyata Business Park, Bengaluru

Scientific Programme



17th November, 2023

TIME	TOPIC	SPEAKER
08:00 am to 09:00 am	Poster Presentation	
09:00 am to 11:30 am	Workshop GROWTH INSULIN PUMP BONE	Dr. Vaman Khadilkar, Dr. Hemchand Prasad, Dr. Shruti Mondkar Dr. Ganesh Jevalikar, Dr. Ahila Ayyavoo, Dr. Rakesh Kumar, Dr. Saurabh Uppal, Dr. Meena Mohan Dr. Raja Padidela, Dr. Anuradha Khadilkar, Dr. Chirantap Oza
12:00 pm to 01:00 pm	Albright's Session Chairpersons: Dr. Anuradha Khadilkar, Dr. Somashekar Reddy	
12:00 pm to 12:30 pm	Bone health in pediatric neurological disorders - an overview	Dr. Raja Padidela
12:30 pm to 01:00 pm	Therapeutics of pediatric osteoporosis	Dr. Sanjay Bhadada
01:00 pm to 01:45 pm	LUNCH	
01:45 pm to 02:45 pm	Tanner session Chairpersons: Dr. Kavitha Bhat, Dr. Sheeja Madhavan	
01:45 pm to 02:15 pm	Challenges in the management of GnRH-independent precocious puberty	Dr. Vandana Jain
02:15 pm to 02:45 pm	Recent advances in the management of delayed puberty	Dr. Juliane Leger
02:45 pm to 03:45 pm	Year in Review Chairpersons: Dr. PSN Menon, Dr. Rakesh Kumar Growth Adrenal Thyroid Puberty Bone Diabetes	Dr. Parvathy L Dr. Sirisha Kusuma Dr. Shobi V Anandi Dr. Preeti Singh Dr. Ashima Dabbas Dr. Leena Priyambada
03:45 pm to 04:45 pm	Banting's Session Chairpersons: Dr. Rajesh Joshi, Dr. Fauzia Mohsin, Dr. Ganesh Jevalikar	
03:45 pm to 04.15 pm	Management of pediatric dyslipidemia	Dr. Shylaja Srinivasan
04:15 pm to 04:45 pm	Prevention and cure of Type 1 diabetes - what's new?	Dr. Maria Craig
04.45 pm to 05.00 pm	HIGH TEA	

17th November, 2023

TIME	TOPIC	SPEAKER
05:00 pm to 06:00 pm	Evan and li's session Chairpersons: Dr. Vaman Khadilkar, Dr. Meenakshi Bhat	Dr. Stefano Cianfarani
05:00 pm to 05:30 pm	Genetics of Idiopathic short stature	
05:30 pm to 06:00 pm	Long-acting growth hormone	
06:00 pm to 07:00 pm	INAUGURATION	
07:00 pm onwards	CULTURAL PROGRAMME FOLLOWED BY DINNER	

18th November, 2023

08:00 am to 09:00 am	Poster Presentation PG Quiz Prelims	
09:00 am to 10:00 am	Rathke's Session Chairpersons: Dr. Santhosh S Olety, Dr. Ullas V A	Dr. Paul Hofman Dr. Stefano Cianfarani
09:00 am to 09:30 am	Craniopharyngioma- overall impact and management	
09:30 am to 10:00 am	Imaging of pituitary gland - from an endocrinologist perspective	
10:00 am to 11:00 am	OUT STANDING INVESTIGATOR AWARD	
11:00 am to 11:20 am	HIGH TEA	
11:20 am to 01:00 pm	HOW DO I? Chairpersons: Dr. Belinda George, Dr. Ruchi Shah, Dr. Zalak Shah	Dr. Shriram Mahadevan Dr. Anurag Lila Dr. Kenichi Kashimada Dr. Olaf Hiort
11:20 am to 11:45 am	Management perspectives of Thyroid nodule	
11:45 am to 12:10 pm	Low renin hypertension in children	
12:10 pm to 12:35 pm	Optimization of congenital adrenal hyperplasia management - Novel approaches	
12:35 pm to 01:00 pm	Lessons learnt from Rare disorders of sex development	
01:00 pm to 01:40 pm	LUNCH	
01:40 pm to 03:40 pm	Mixed Bag Chairpersons: Dr. Riaz I, Dr. Ankita Maheshwari	Dr. Kim Donaghue Dr. Kenichi Kashimada Dr. Paul Hofman Dr. Juliane Leger
01:40 pm to 02:10 pm	Monogenic diabetes- pointers, assessment and management	
02:10 pm to 02:40 pm	Common pitfalls in endocrine diagnostic tests	
02:40 pm to 03:10 pm	Endocrine consequences of anorexia nervosa	
03:10 pm to 03:40 pm	Optimal management of pediatric graves' disease	
03:40 pm to 04:10 pm	Plenary Session Chairperson: Dr. Rajesh Khadgawat Long-acting growth hormone: where are we now?	Dr. Michel Polak

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TIME	TOPIC	SPEAKER
04:10 pm to 04:30 pm	HIGH TEA	
04:30 pm to 05:15 pm	Arnold Kadish session Chairpersons: Dr. Sheryl Salis, Dr. Saurabh Uppal	Dr. Kim Donaghue Dr. Abhishek Kulkarni
04:30 pm to 05:00 pm	Technologies in type 1 diabetes care - Present and future	
05:00 pm to 05:15 pm	Glycemic outcomes of automated insulin delivery : Indian experience	
05:15 pm to 06:15 pm	ISPAE GBM	
07:00 pm Onwards	CULTURAL PROGRAMME FOLLOWED BY BANQUET	

19th November, 2023

TIME	TOPIC	SPEAKER
08:00 am to 09:00 am	Oral Presentation	
09:00 am to 10:00 am	Neonatal Endocrinology Chairpersons: Dr. Karthik Nagesh, Dr. S.M. Prasad Hypoglycemia Hyperglycemia Hyponatremia Hypocalcemia	Dr. Subrato Dey Dr. Vijaykumar M Dr. Rajni Sharma Dr. Tushar Godbole
10:00 am to 11:00 am	Lecture Chairpersons: Dr. Mahesh Maheshwari, Dr. Deepa Anirudhan	Dr. Anna Simon Dr. Sudha Rao
10:00 am to 10:30 am	Newborn screening for congenital hypothyroidism and CAH - in Indian context	
10:30 am to 11:00 am	Rickets in current Indian context - Approach and management	
11:00 am to 11:20 am	HIGH TEA	
11:20 am to 01:00 pm	Mixed Bag Chairpersons: Dr. Vasudev Dhananjay, Dr. Amarnath Kulkarni, Dr. Vani. H.N	Dr. Anurag Bajpai Dr. Riaz I Dr. Pramila Kalra Dr. Rajesh Khadgavat
11:20 am to 11:45 am	Novel therapeutic options in childhood obesity	
11:45 am to 12:10 pm	Precocious puberty (breast development in an 7 year old girl)	
12:10 pm to 12:35 pm	Gender incongruence in Adolescents	
12:35 pm to 01:00 pm	Diagnosis and management Primary adrenal insufficiency	
01:00 pm to 01:40 pm	LUNCH	

19th November, 2023

TIME	TOPIC	SPEAKER
01:40 pm to 02:25 pm	Growth Symposium Chairpersons: Dr. Rahul Jahagirdar, Dr. Ram Murty Shastry, Dr. Pavithra Nagaraj	
01:40 pm to 01:55 pm	My child is short: clinical approach	Dr. Anju Virmani
01:55 pm to 02:10 pm	Diagnosis of short stature	Dr. PSN Menon
02:10 pm to 02:25 pm	Therapeutic options in short stature	Dr. Vaman Khadilkar
02:25 pm to 03.00 pm	Interesting case scenarios and approach Chairperson: Dr. Ahila Ayyavoo	Dr. Diksha Shirodkar Dr. Akanksha Parikh
03:00 pm to 03:45 pm	Panel discussion on adolescent menstrual disorders Moderator: Chitra Selvan Panelist: Dr. Anju Seth, Dr. Geeta Patil, Dr. Subramanian Kannan	
03:45 pm to 04:15 pm	VALEDICTION	
04:15 pm to 05:00 pm	PG Quiz Dr. Dhivyalakshmi, Dr. Ayush Gupta	

